



APRIL 2024

Editor: Donna Schilling
Reporters: Numerous

MEMBERSHIP:

1st READING

Present:

Thomas W. Adams, Sr. – Navy
William J. Barnett – Army
James P. Dalo – Army
Dean F. Czech – Army
Thomas W. Smith - Marine
Andrea Wilhelm – Assoc

NOT Present

Raymond L. Kern – Army *active duty*
Paul Swezey – Navy *active duty*
William J McBride, III - Navy

2nd READING

Present:

Gregory Zentz – Marine
Nicholas Niehoff – Army NG *active duty*

NOT Present:

General Membership Meeting
First Wednesday of every Month. Time: 7:30pm
Please try to attend!

CHAPLAIN'S REPORT:

DEATHS:

Dennis Stephens –Army joined 6/90 passed 3/14/24

The Post sends our sincerest condolences to our members for their recently departed family members.

ILLNESS:

Ed Walsh – motorcycle accident – home recuperating
Ken Bonsall – surgery – home recuperating
Cassie Miller – heart surgery – home recuperating

The Post wishes a speedy recovery to everyone who may be under the weather.

COMMANDER'S CORNER

Hello Post Members,

As the song goes, “we heard it through the grapevine” that some of our members are unhappy about things at Del Vets and how the Post is being run. I have no issues with members voicing concerns and expressing different opinions but what is frustrating is the concerns are not being shared with Post leadership.



We can't address things that we don't know about. The easiest way to cut through all the rumors and tell us what's on your mind is to come to our General Membership Meetings every month. If you cannot make it to the meetings, there is a suggestion box in the coat closet that gets checked frequently. Signatures are required for the E-board to follow up on an issue but if you wish to remain anonymous, issues that affect the viability of the Post will be publicly acknowledged and shared with our membership. Believe it or not, every member has a voice, and we welcome your opinion even if it might be contrary to our current policies.

Just like some of us at Del Vets, our furniture is getting older and more brittle with time. We've had a few people tumble when one of our chairs or stools gave out. We're going to periodically check all of our seats throughout the Post, but we need your help too. If you come across a chair that is loose or has joints that are disconnected, please set it aside, put a note on it, and let the bartender or Post leadership know about it. The last thing we need is someone getting hurt when they were just trying to relax at our Post.

Most everyone in the Veterans community is aware that Veteran suicides are growing at an alarming rate. I recently learned that we are averaging 22 Veteran suicides a day in our country. I have not fact checked this but even one a day is too many. I have asked several of our members to investigate how Delaware Veterans Post #1 can make a difference in the number of Veterans taking their own lives. Everything is on the table here – financial donations, program support, raising awareness and whatever else it takes. Everyone has Veterans in their lives. Please

be mindful of their mood or if they seem depressed. We can get them help if they need it. I promise to report back on the things our Post can do, but in the meantime please think about what you can do to help prevent our Veterans from taking their own lives.

Spring is here so fire up those lawnmowers, break out the garden tools, fire up the grill and come watch the Phillies at Del Vets.

Bob Onorato, Commander

WAC's

The WACs had two big events in March! We held our WAC-y Bingo event on March 5th, and we had a packed house! Thanks to everyone who came out and brought friends, both the WAC and the Post had a great night. We had a lot of help to make this happen, from Jimmy Hague and his awesome kitchen crew for the cheesesteaks, Bob Onorato and Craig Cullumber for calling Bingo for us, and Eileen Ganster for doing a fantastic job selling 50/50, to Diane Onorato for organizing and shopping for our game and door prizes!

On Sunday, March 17th, we held our WAC St. Patrick's Day Dinner. The WACs really appreciate the Post's support, and you all made it a great success for us. Thanks to Andi Chernekoff and Sylvia Briscoe and their kitchen crew for a delicious meal! From our traditional dinner to the talented dancers, we hope everyone had a great time.

Coming up in April, we are once again partnering with Vince and the Entertainment Committee to have the kitchen open for a performance by Helixx, on Friday, April 12th. The kitchen will be open with the "regular" menu plus a few specials, so come on out for a fun Friday night! You'll be supporting the WACs and the Post while enjoying some great music. Hope to see you there! The WACs have been busy! During the month of February, we were collecting goods to benefit Sojourner's Place. The packs were put together with blankets, sweatshirts, hygiene items, snacks, and more ahead of our chili cook off. Thanks to Becki Fetters & Joy Saladini for making the drawstring bags and to Nancy Talley for organizing and collecting the goods. Thanks also to all who came out to put the packs together and get them boxed up, and to Brian Thomas for transporting everything to Sojourners Place.

On Saturday, February 24th, we held our annual chili cook off, where Mark Parsons took first place! We had nine chili entries and plenty of judges. Thanks to everyone who participated - Post and WACs members who bought 50/50, submitted chili entries, judged the contest, and bought bowls of chili after. Noelle

Lauren Cullumber, WAC President



Illustration by [unreadable]

SERVICE AWARD

Dean Founds – 40 years

HONOR GUARD

The Honor Guard is looking to start up an *Honor Guard Car Show Committee* to help with running the car show this year. If interested, please let us know via email or at the next Honor Guard meeting Scheduled for September 14th, 2024. Probably 15-19 hours.

Bill Conaway



DVETS RAFFLE 7:30

Wednesday's

10th 17th, & 24th



ENTERTAINMENT 7:30 – 10:30

Saturday	6 th	Frank & Michele
Friday	12 th	Helixx (in the hall \$5)
Friday	26 th	Take Two (in the hall)

Blues Show Thank You

I wanted to take a minute to thank everyone that assisted with making the March blues show a great success once again. The music was great, and we once again had a sold-out show. I don't think folks realize the amount of work that goes into facilitating these events. Our Kitchen crew and servers stepped up and delivered as always. Our entertainment chair, set-up crew, hall custodians and bar staff are an integral part in making this event look as professional as it can be. We have a very close working relationship with the Diamond State Blues Society, and I hear nothing but compliments from its members when they are at our establishment. This relationship not only brings national acts into our house, but it also brings attention to us as a Veterans organization. Many of the musicians and their bands usually ask for tours of the facility and they are amazed at what we have to offer. So, thank you for all your hard work and assistance in making this event a success.

Mark Schilling

COUNTRY LINE DANCING

7:00



Friday 8th & 22nd
\$8 cover

SPORTS

The Marty "DOC" Londergan Golf Outing will take place on Friday, July 26th at the Rock Manor Golf Club. The cost this year will be \$90 per player. A sign-up poster will be at the Post shortly.

CORNHOLE LEAGUE



Monday nights @ 6:00

1st, 8th, 15th, 22nd & 29th

LADIES SHUFFLEBOARD LEAGUE



Monday nights @ 7:30

1st, 8th, 15th, 22nd & 29th

MEMORIAL DAY PATRIOTIC ART CONTEST

Every family has a relative or a friend that has worn a United States military uniform and made the sacrifices needed to protect our freedom. Parents and grandparents – here's your chance to teach your children about our heroes and let them share their stories with our Del Vets family by entering our Memorial Day Patriotic Art Contest. The contest is always an enjoyable part of our Memorial Day Program. The Memorial Day Committee invites all children and grandchildren of Del Vets Post members and all children of Del Vets pool members (ages 8 to 18) to submit a patriotic drawing, sketch, photograph, poem, essay, or short story. It's a great way to learn about Memorial Day and all entries will be eligible for a prize.

Entries should be submitted to Mark Schilling or Bob Onorato at the Del Vets Post on Wednesday May 22nd and Thursday May 23rd from 6:30 to 7:30 PM. Please include your name, age, address, and phone number on the back of your artwork. No identifying marks should be visible on the front. You must be present for our Memorial Day Ceremony on Saturday May 25th and present your art work to the audience to receive a prize. Please contact Mark at 302-588-7855 or Bob at 302-220-1499 if you have any questions.

DEL VETS ONLINE STORE

Del Vets now has an online store available to all

<http://delvets.qbstores.com/>



Some of you may prefer an alternate logo, such as the Bartenders have been wearing, please see Jim Durborow at the Post to order.

APRIL MEETINGS/EVENTS

Monday	1	6	Cornhole Kitchen open
		7:30	Ladies Shuffleboard
Wednesday	2	7:30	WAC's meeting
Wednesday	3	7:30	Gen membership mtg
Friday	5	7	Country Line Dancing
Saturday	6	7:30	Frank & Michele
Monday	8	6	Cornhole Kitchen open
		7:30	Ladies Shuffleboard
Tuesday	9	7	Honor Guard meeting
Wednesday	10	7:30	DVets Raffle
Friday	12	7	Helixx (in the hall)
Monday	15	6	Cornhole Kitchen open
		7:30	Ladies Shuffleboard
Tuesday	16	7	E Board meeting
Wednesday	17	7:30	DVets Raffle
Monday	22	6	Cornhole Kitchen open
		7:30	Ladies Shuffleboard
Wednesday	24	7:30	DVets Raffle
Friday	26	7	Take Two (in the hall)
Monday	29	6	Cornhole Kitchen open
		7:30	Ladies Shuffleboard
Tuesday	30	8am	Life-Line Screening

MAY

Wednesday	1	7:30	Gen membership mtg
Saturday	4	TBD	Kentucky Derby
Wednesday	7	7:30	WAC's meeting
Tuesday	14	7	Honor Guard mtg
Tuesday	21	7	E-Board meeting

Donna Schilling, Editor

If you would like anything printed in the newsletter, please send an e-mail by the 20th of each month.

dschill925@gmail.com

HELIXX CONCERT

Benefiting the Del Vets Women's Activity Club



FRIDAY, APRIL 12 7-10PM

\$5 COVER - DOORS 6:30PM

**DEL VETS
MESS HALL
OPEN 6-8PM**

50/50 Raffle



OPEN TO PUBLIC - DEL VETS POST #1 HALL

Call 302-475-0636 to reserve a table of 8 or more

LIFE LINE  SCREENING
The Power of Prevention

Catch health problems before they go too far.

Life Line Screening offers a 4-screening package to provide peace of mind or early detection for risks of stroke and cardiovascular disease.

The combination of these tests helps detect problems—before you have symptoms and while you and your doctor can still take action...so you can keep doing the things you love.



Keep doing the things you love.



Register now to check the health of your arteries

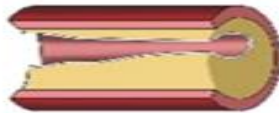
4 Important Screenings for Only \$149 (Special Package Pricing)

- Carotid Artery Disease
- Peripheral Arterial Disease (PAD)
- Abdominal Aortic Aneurysm (AAA)
- Atrial Fibrillation (AFib)

Plaque buildup can lead to cardiovascular disease, stroke and aneurysms.



A normal artery allows blood to flow through easily.



Plaque buildup in the arteries reduces your blood flow and can be dangerous if left untreated.

Join the 10 million people who have been screened. We are coming to your neighborhood.

When: Tuesday, April 30, 2024

Where: Delaware Vets Post 1

To register for your appointment and to receive the special discount, please call toll-free **877-792-8479** or visit LLSA.SOCIAL/HC

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.



MARCH

Monday 1
Monday 8
Friday 12
Monday 15
Monday 22
Monday 29

CAFÉ REGULAR MENU

5 Chicken Tenders	\$ 8.00
5 Chicken Tenders with Fries	\$ 9.00
Onion Rings	\$ 6.00
French Fries	\$ 4.00
Cheese Fries	\$ 4.50
Hot Dog	\$ 5.00
Hot Dog with Cheese	\$ 5.50
Plain Burger/Cheeseburger	\$ 8.00
Double Cheeseburger	\$10.50
Chicken Breast Sandwich	\$ 8.00
Chicken Breast Sandwich w/Cheese	\$ 8.50
Chips & Queso	\$ 5.00

Available Condiments – Ketchup, Mustard, Honey Mustard, Ranch, Blue Cheese, Hot Sauce, BBQ, Horseradish, Mayonnaise, Vinegar, Old Bay, Pickles, Lettuce, Onions, Tomato, Sweet Peppers

CAFÉ OPENS AT 5:30 unless otherwise stated
Daily Specials Available -- See White Board for details

The kitchen is always looking for volunteers! If you'd like to help out, you can sign up here for one or more dates:

<https://www.signupgenius.com/go/delvets>

If you have any questions or need help signing up, contact us at: delvetskitchen@gmail.com



DEWARE VETERANS POST #1
 2535 VETERANS DRIVE
 WILMINGTON, DELAWARE 19810
 Phone: (302) 475-9891
www.DelVets.com

2024 OFFICERS & "E" BOARD

<u>Office</u>	<u>Name</u>
Commander	Bob Onorato (CG)-(PC)
Vice-Commander	John Pastor (A)
Secretary	Mark Schilling (N)-(PC)
Treasurer	Michael Janes (A)
Treasurer-Elect - Ex-Officio	Ed Herman (A)
Sergeant-at-Arms	Joe Koslosky (N)

<u>Executive Board Members</u>	<u>Name</u>	<u>Year</u>
PRESIDENT	John Pastor (A)	2024
MEMBER	Bob Morris (A)	2025
MEMBER	Jim Hague (NG)	2025
MEMBER	Vince Knoll (A)	2024
MEMBER	Ed Brinkman (A)	2024
MEMBER	Roger Lee (AF)	2024

2024 COMMITTEE CHAIRPERSONS

<u>COMMITTEE</u>	<u>Name</u>
BAR	Erin Doyle-Facciolo
BY-LAWS	Mark Schilling (N)-(PC)
CHAPLAIN	Randy Scott (M)
ENTERTAINMENT	Vince Vandebraak
FINANCE	Bob Morris (A)
GROUNDs	Jack McKelvey (AF)
HONOR GUARD	Vinny Knoll (A)/Sean MacLaren (ANG)
HOUSE	Chip Roop
INSURANCE ADVISOR	Webb Bell II (AF)-(PC)
KITCHEN	Andi Chernekoff / John Ratkevic
MEMBERSHIP	Jim Biddle (AF)
POST ACCOUNTANT	Vince Knoll (A)
POST ACCOUNTANT	John Descioli
POST ACCOUNTANT	Bob Morris (A)
POOL	Shawn Coho (NG)
PROGRESSIVE RAFFLE	Art Chernekoff
PUBLIC RELATIONS	Florie Henry
PURCHASING AGENT (Liquor-Supplies)	Jen Avery
RENTALS	John Descioli
SPORTS	Mike Buono
VETERAN'S AFFAIRS	Rick Rambo (N)
WAC's	Lauren Cullumber
WEB SITE	Denise Bernstein

HOME, INC.

Frank Dobson (A)	2023 - 2026
Jerry Stauffer (N)	2023 - 2024
Rich Delitta (A)	2023 - 2024
Bob Bostedo (A)	2023 - 2025
Jim Brannon (NG)-(PC) President	2023 - 2025

Newsletter Staff:

EDITOR: Donna Schilling
REPORTER: Numerous
PRINTER: Jim Biddle (AF)
EMAIL: Denise Bernstein

State Board of Directors

Joe Rodriguez (A)(PC) Commander	2023 - 2025
John "Moon" Riley (M)-at Large	2023 - 2025
Bill Frank (A) -at Large	2021 - 2025
Jack McKelvey (AF)	2023 - 2024

Service Designations

A = Army AF = Air Force
 N = Navy CG = Coast Guard
 M = Marines NG = National Guard
 PC = Past Commander

Delaware Veterans Post #1 Member of the Year 2023

Harvey Freville

Commander Service Awards Year 2023

Mark Parson - John Ratkevic - Denise Bernstein